

BUKIWAZA

- Level one:** 1.) Aiki Ken Suburi (7)
2.) Aiki Ken no Awase Ho (4)
3.) Aiki Jo no Suburi (20)
- Level two:** 1.) Aiki Jo no Sanjuichi no Kata (31)
2.) Aiki Jo no Jusan no Kata (13)
- Level three:** 1.) Aiki Ken no Happogiri (8)
2.) Aiki Ken no Kumitachi (5)
3.) Ki Musubi no Tachi
- Level four:** 1.) Aiki Jo no Sanjuichi no Kata no Kumijo
- Level five:** 1.) Kumi Jo (10)
2.) Ken Tai Jo (7)
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KEN

Suburi 1-7

Ichi no Suburi
Ni no Suburi
San no Suburi
Yon no Suburi
Go no Suburi
Roku no Suburi
Shichi no Suburi

Awase 1-4

Hidari no Awase
Migi no Awase
Go no Awase
Shichi no Awase

Kumi Tachi 1-6

Ichi no Tachi
Ni no Tachi
San no Tachi
Yon no Tachi
Go no Tachi
Ki Musubi no Tachi

JO

Suburi 1-20

Choku tsuki
Kaeshi tsuki
Ushiro tsuki
Tsuki gedan gaeshi
Tsuki jodan gaeshi

Tsuki no bu

Kumi-Jo 1-10

Ichi no Jo
Ni no Jo
San no Jo
Yon no Jo
Go no Jo
Roku no Jo
Shichi no Jo
Hachi no Jo
Kyu no Jo
Ju no Jo

Shomen uchi komi
Renzoku uchi komi
Shomen uchi gedan gaeshi
Shomen uchi ushiro tsuki
Gyaku yokomen ushiro tsuki

Uchi komi no bu

Katate gedan gaeshi
Katate toma uchi
Katate hachinoji gaeshi

Katate no bu

31er Kata Sanjuichi no Kata

13er Kata Jusan no Kata

Hasso gaeshi uchi
Hasso gaeshi tsuki
Hasso gaeshi ushiro tsuki
Hasso gaeshi ushiro uchi
Hasso gaeshi ushiro barai

Hasso gaeshi no bu

Hidari nagare gaeshi uchi
Migi nagare gaeshi tsuki

Nagare gaeshi no bu

(Die Zahl 4 "Shi" wird bei Wortverbindungen meist zu "Yon". "Shi" bedeutet auch "Tod" und ist daher eine ungeliebte Zahl in Japan, wie die 13 bei uns) © (TK,16.11.91)